

What are the skills and qualities of a good mentor?

A good mentor is able to:

- create an environment of trust
- be a good listener (showing active, person-focussed listening skills)
- show empathy
- be sensitive
- be respectful
- be honest
- offer encouragement
- facilitate opportunities for mentees to explore and expand on their ideas
- be credible

You will be expected to:

- be an activist for languages!
- be aware that you will be working with young people from a range of different backgrounds and with aspirations which may or may not involve university
- encourage and inspire all young people to see the relevance and benefit of language learning in their life

Volunteering as a mentor will add valuable leadership and employability skills to your repertoire and will offer you the chance to learn more about leading and facilitating mentoring sessions online. Adding this experience to your CV can provide an excellent way to make you stand out from the crowd.