AU PAIR

Work and travel in a secure, family environment

Do YOU enjoy…?
✓ looking after children?
✓ being lively and creative?
✓ flexible hours?
✓ family life?
✓ being independent and managing your own time?
✓ travel?
✓ working in a foreign environment?

YOU’LL need to…
✓ have a cool head and bags of patience
✓ be highly responsible and safety-conscious

…then this COULD BE YOU!

Learn another LANGUAGE to take your skills abroad
How?

Think about:

✔ Getting an NVQ or NNEB Diploma in Childcare (minimum level 3)
✔ Babysitting for people who are not within your own family and who would be willing to give references – you’ll need at least 2 non-family references
✔ Gaining work experience e.g. in a local crèche or nursery for a professional reference
✔ Getting a CRB check done
✔ Learning other languages

Think Languages:

“If it’s a great disadvantage to go to a country and know nothing of their culture and civilization. It makes you look quite ignorant; cultural awareness is hugely important for being a successful au pair. If you find yourself in a French family, you need to be able to communicate about the basics in their language.”

- Sandra Landau, Chair Lady of British Au Pair Agencies Association

Want to know more?

Check these out:

Advice on becoming an Au Pair –
• British Au Pair Agencies Association (BAPAA) www.bapaa.org.uk
• CACHE www.cache.org.uk
• Children’s Workforce Development Council (CWDC) www.cwdcouncil.org.uk
• CRB checks - www.homeoffice.gov.uk/agencies-public-bodies/crb/

Advice on planning a gap year –
• www.gapwork.com
• www.gapyear.com
• www.gogapyear.com
• www.gapadvice.org

Advice on the next step –
• www.ucas.com
• www.careerswales.com

Advice on languages –
• www.ciltcymru.org.uk
• www.routesintolanguages.ac.uk/cymru
• www.studyinglanguages.ac.uk
• www.ciltcymru.org.uk
• www.whystudylanguages.ac.uk
• www.europa.eu/languages
• Check out the European Commission’s website for opportunities to work and study abroad: http://ec.europa.eu/education/lifelong-learning-programme/languages_en.htm

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